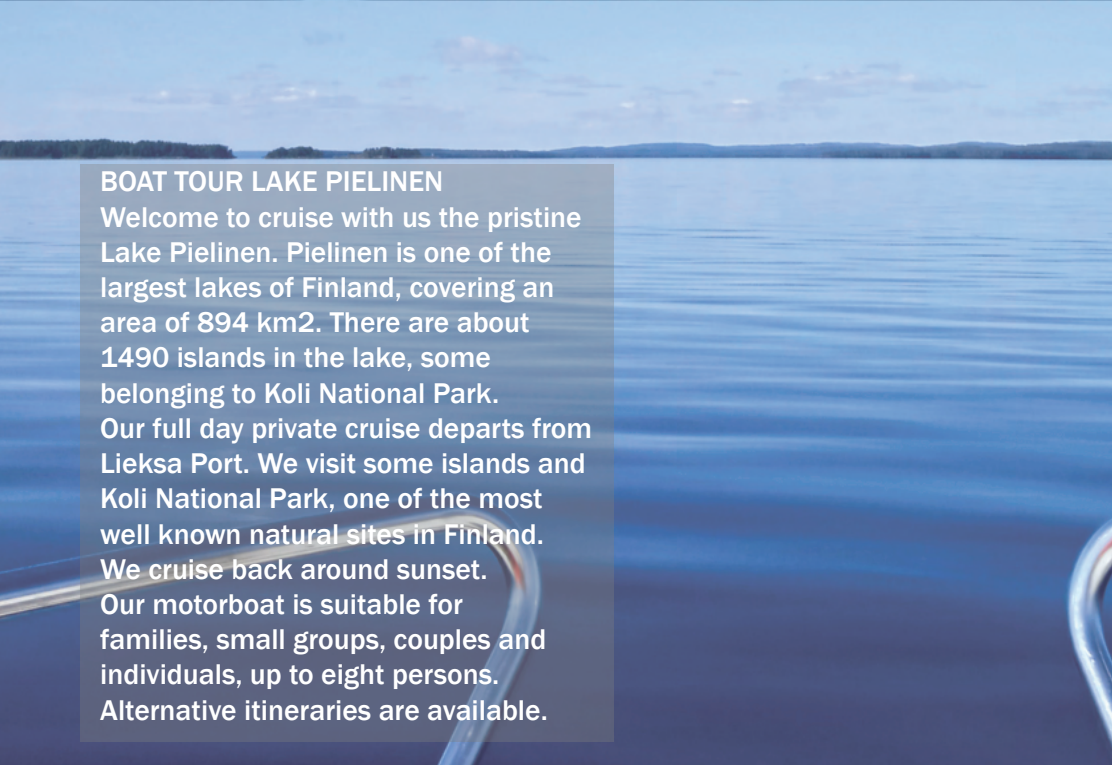


## WELLNESS & TRADITIONS

Sauna is in the center of Finnish culture. For centuries in Finland, sauna culture involved much more than simply washing oneself. In sauna, people cleanse their bodies and minds and embrace a sense of inner peace. There are three different kinds of saunas in Jongunjoen Matkailu. Two wood-heated saunas are located by the lake. One is a traditional smoke-sauna. There are also two wood-heated Nordic baths by the lake.

The scent of wood and smoke, and the sounds and flavours of nature are always present. There is a relaxing atmosphere which our guests can experience, along with learning about the local culture.



### BOAT TOUR LAKE PIELINEN

Welcome to cruise with us the pristine Lake Pielinen. Pielinen is one of the largest lakes of Finland, covering an area of 894 km<sup>2</sup>. There are about 1490 islands in the lake, some belonging to Koli National Park. Our full day private cruise departs from Lieksa Port. We visit some islands and Koli National Park, one of the most well known natural sites in Finland. We cruise back around sunset. Our motorboat is suitable for families, small groups, couples and individuals, up to eight persons. Alternative itineraries are available.



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